

FDA SUPPLEMENT Facts Label Design Template



SUPPLEMENT FACTS	
Serving Size: 2 Capsules Servings Per Container: 30	
Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	90 mg 100%
Magnesium (as magnesium glycinate)	120 mg 29%
Zinc (as zinc citrate)	15 mg 136%
Ashwagandha Extract (<i>Withania somnifera</i>) (root)	300 mg †
Rhodiola Extract (<i>Rhodiola rosea</i>) (root)	200 mg †
L-Theanine	100 mg †
† Daily Value not established.	
Other Ingredients Vegetable Cellulose Capsule, Rice Flour, Magnesium Stearate.	
Suggested Use: Take two capsules daily with food or as directed by a healthcare professional.	
WARNING: Do not use if safety seal is broken or missing. Keep out of reach of children.	
<small>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.</small>	

FDA Supplement Fact Master Template

FRONT PANEL — Principal Display Panel (PDP)

PRODUCT NAME

Dietary Supplement
Supports Energy & Focus*

Net 60 Capsules

- ✓ Product classified as Dietary Supplement
- ✓ Identity statement clearly displayed
- ✓ Net quantity listed on PDP
- ✓ No disease treatment claims
- ✓ Structure/function claims only

Font Guide: Product Name: 24–30 pt

Claims: 14–16 pt

Net Quantity: Follow 21 CFR 101.7 minimum type size rule

Supplement Facts Panel Area

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SUPPLEMENT FACTS

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Capsules
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Other Ingredient Rules

- ✓ Listed outside Supplement Facts
- ✓ Must be listed in descending weight
- ✓ Use common ingredient names

DSHEA Disclaimer (Mandatory)

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Compliance

- ✓ Vitamin and mineral sources must be listed
- ✓ Botanical ingredients must include Latin name + plant part
- ✓ Non-DV ingredients require dagger symbol (†)
- ✓ Quantities must be declared in mg, mcg, or g

Proprietary Blend Example

Proprietary Energy Blend — 800 mg †
Ashwagandha root extract
Rhodiola root extract
Eleuthero root extract

Proprietary Blend Rules

- ✓ Total blend weight must be declared
- ✓ Ingredients listed in descending order
- ✓ Vitamins/minerals cannot be hidden in blends