

# FDA Nutrition Facts Label Design Template



<b>Nutrition Facts</b>	
Serving size 1 cup (228g)	
Servings per container 2	2
<b>Amount per serving</b>	
<b>Calories</b>	<b>230</b>
% Daily Value*	
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 160mg	7%
<b>Total Carbohydrate</b> 37g	13%
Dietary Fiber 4g	14%
Total Sugars 12g	20%
Includes 10g Added Sugars	20%
<b>Protein</b> 3g	
<b>Vitamin D</b> 2mcg	10%
<b>Calcium</b> 260mg	20%
<b>Iron</b> 8mg	45%
<b>Potassium</b> 235mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

# FDA Nutritional Fact Master Template

## FRONT PANEL — Principal Display Panel (PDP)

### PRODUCT NAME

Whole Grain Oat Cereal  
High Fiber Breakfast Blend

NET WT 32 OZ (2 LB) 907g

- ✓ Net Quantity in bottom 30%
- ✓ Metric + U.S. Dual Declaration
- ✓ Identity Statement Prominent
- ✓ No unapproved health claims
- ✓ "Healthy" only if qualified

**Font Guide:** Product Name: 24–30 pt

**Claims:** 14–16 pt

**Net Quantity:** Follow 21 CFR 101.7 minimum type size rule

## BACK PANEL — Nutritional Panel Area

### Nutrition Facts

Serving size 1 cup (228g)

Servings per container 2

Amount per serving

**Calories**

**230**

% Daily Value\*

<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
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<b>Potassium</b> 235mg	<b>6%</b>

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

- ✓ Serving size in correct format
- ✓ Saturated Fat declared
- ✓ Trans Fat declared
- ✓ Added Sugars properly indented

### NUTRITION INFO

Saturated Fat	LOW
Sodium	MED
Added Sugars	HIGH

Optional FOP Nutrition Info  
Example (Coming 2026)

### Compliance Notes

- ✓ "Calories" must be bold and the largest element
- ✓ "Added Sugars" must be indented

## SIDE PANEL

### Ingredient Declaration

INGREDIENTS: WHOLE GRAIN OATS,  
SUGAR, SALT, NATURAL FLAVOR,  
VITAMIN D3.

- ✓ List in descending order of predominance
- ✓ Use common or usual names
- ✓ No trade names

### Allergen Statement

CONTAINS: WHEAT, MILK  
(if applicable)

- ✓ Sesame must be declared (9th allergen)
- ✓ Must follow FALCPA requirements

### Manufacturer / Distributor

Manufactured for:  
ABC Foods LLC  
Baltimore, MD 21202 USA  
www.abcfoods.com  
1-800-555-1234